



JEHAN CASINADER

AWARD-WINNING NEW ZEALAND
JOURNALIST, KEYNOTE SPEAKER AND
MENTAL HEALTH ADVOCATE

Jehan Casinader is an award-winning New Zealand journalist, keynote speaker and mental health advocate.

His was named "Reporter of the Year" at the New Zealand Television Awards, and "Best Political Columnist" at the Voyager Media Awards.

In the aftermath of natural disasters, terror attacks, sporting triumphs and everything in between, Jehan has helped hundreds of people to share their deeply personal stories.

A survivor of depression and suicidality, Jehan is the author of "This Is Not How It Ends: How rewriting your story can save your life" (HarperCollins). He is an official ambassador for Men's Health Week. Now, Jehan works with organisations to unleash the power of storytelling. He is a respected voice in the areas of mental health, leadership and workplace culture.

KEYNOTE: GENERATION NEXT

In his keynote presentation, Jehan will explore how Generation Z is challenging traditional views that will impact police recruitment and retention. They're asking bold questions: What's the purpose? Does loyalty count for anything? And will a demanding, full-time job really satisfy their desires?



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