



# INSPECTOR FREDA GRACE

## NEW ZEALAND POLICE

Freda started her career with New Zealand Police in 1984 and has undertaken a wide range of duties. Her roles have included operational planning, tactical coordinator and shift commander. In 2013 she was promoted to Inspector and became a road policing manager and an area commander, while also holding the role of an AOS commander. In 2019 she led critical incidents – developing and embedding NZ Police organisational response to critical incidents and the support system for police officers. She is currently Manager Operations Support, a role that encompasses the National Commander of the Special Tactics Group, supports operational practice, policy, tactics, training, equipment and uniform for Armed Offenders Squads and Police negotiating Teams across New Zealand.

## SUPPORTING OFFICERS RETURNING TO DUTY

This session will highlight the New Zealand Police Reintegration Programme. The programme is designed to support officers returning to duty after experiencing work-related traumatic events, such as officer-involved shootings, serious injury, or life-threatening incidents. Its primary goal is to help staff regain confidence and resume operational duties safely, using a structured, individually paced process. Throughout, the programme emphasizes trust and confidentiality, and works collaboratively with the involved officer's health professionals to ensure each officer receives tailored, comprehensive support.



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2025

25-26 NOVEMBER | ANZPAA  
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FOR THE FUTURE:  
WHAT MATTERS MOST**